

**MICHIGAN HIGH SCHOOL ATHLETIC ASSOCIATION
REGIONAL CROSS COUNTRY INFORMATION
Regions #19-3 and #28-4**

Hosted by East Jordan High School

Location

The regional cross country championship will be held at the East Jordan Community Park. The park is located at 805 Maple Street in East Jordan, which is approximately 1 - 1 $\frac{1}{2}$ miles south of East Jordan High School on M-32 Highway.

Admission

An admission charge of \$6.00 per person or \$10 per car will be charged. Per MHSAA and East Jordan Public Schools policies, pets, tobacco, vaping and alcohol products are not allowed on the grounds of MHSAA tournaments or at or on East Jordan Public Schools or at events hosted by East Jordan Public Schools. Please inform your spectators!!

Parking

There is spectator parking on site. There will be a designated drop off and pick up area for school transportation.

Tent/Shelter Area

An area will be designated for the set up of team tents/shelters. Please be sure your tents/shelters are within this area or you will be asked to move them. On site grilling will not be permitted.

Schedule of Events

- 8:00 a.m. Park will open - Coaches may pick up race day packets, athletes may preview the course
- 9:00 a.m. Coaches Meeting
- 9:30 a.m. Division 4 Girls Race
- 10:10 a.m. Division 3 Girls Race
- 10:50 a.m. Division 4 Boys Race
- 11:30 a.m. Division 3 Boys Race
- 12:30 p.m. Awards Ceremony (tentative time)

Course Map

A map of the course is enclosed and will also be available on race day.

Box Assignments

Running assignments will be given out on race day at the coaches meeting.

Opt Out Date/MHSAA Master Eligibility List Due

The MHSAA Master Eligibility List or the MHSAA Opt Out Form is due to the tournament manager not later than October 11, 2019.

Entries

Regional meet electronic entry materials and instruction for on-line entry are on the MHSAA website. Entry information must be placed on-line no later than 6:00 p.m. on Saturday, October 19, 2019, at www.athletic.net. Late entries - A \$50 late fee must be paid to the Meet Manager before the contest or the team will not be allowed to participate if the entries are not submitted on time.

Merchandise/Concessions

Concessions will be available and official MHSAA merchandise will be available for purchase on site.

Qualifiers To LP Final Meet

Five runners must finish a Regional run for a school to receive a team score. The top three teams will automatically qualify from the Regional to the Final Run. THE MAXIMUM NUMBER OF TEAMS QUALIFYING FROM A REGIONAL CANNOT EXCEED FOUR. If a school finishes fourth in the Regional meet with four or more runners in the top 20 places and eight (8) or more complete teams finish the race, that school will also qualify a team for the Final Meet. The maximum number of runners to represent a qualifying team at the final Meet is seven.

Individual Qualifiers, Regional to Final Meet

All medalist finishers who are not members of a qualifying team will qualify to the Final Run, regardless if there are three or four qualifying teams.

Awards

Awards will be presented at the conclusion of the last race in the same order the races were run. A first place trophy will be presented to each gender in each division. The first place team will receive seven (7) team medals. Fifteen (15) individual medals will be presented in each division for each gender.

Questions/Information

Please contact Phyllis Olszewski at (231) 536-2441.

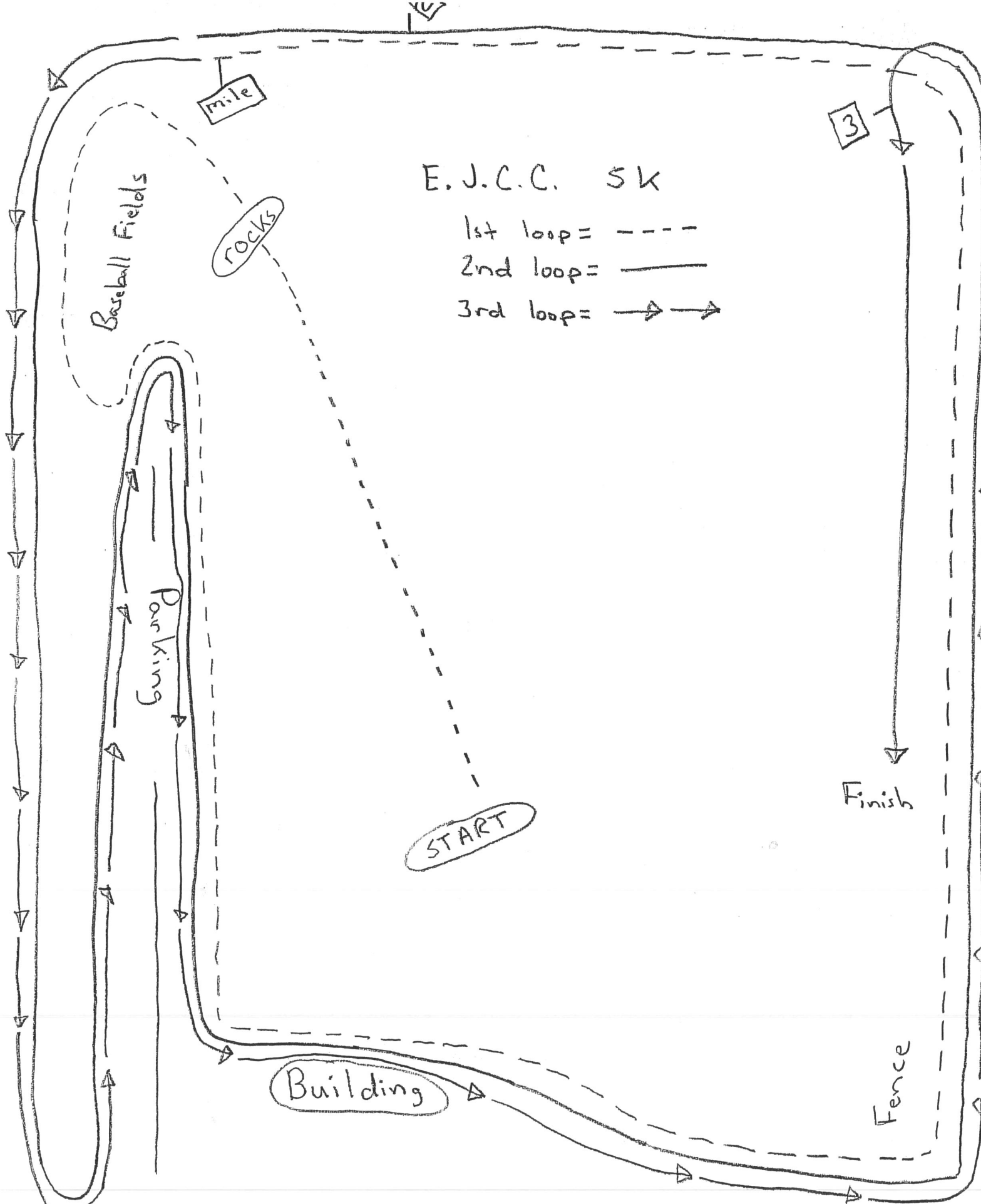


E. J. C. C. 5K

1st loop = - - - -

2nd loop = ————

3rd loop = —▶▶—▶▶—▶▶



————— Parking —————